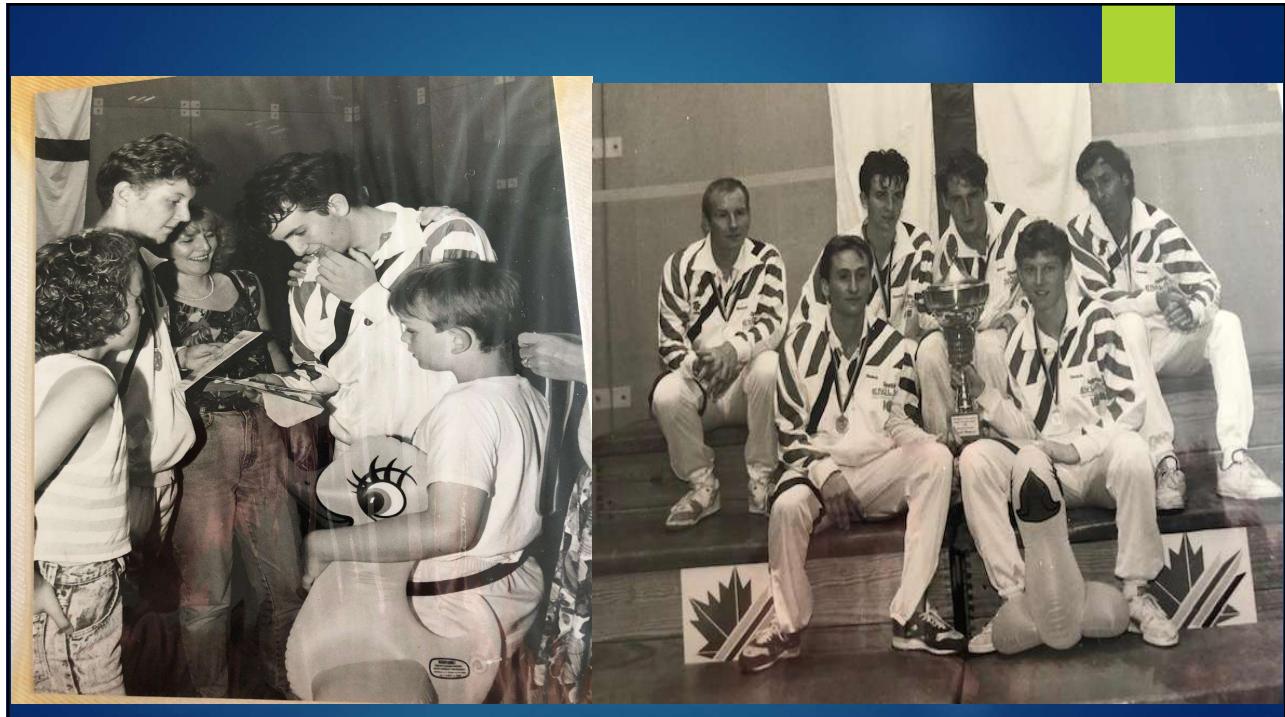


# High Performing Teams

DAVID CAMPION

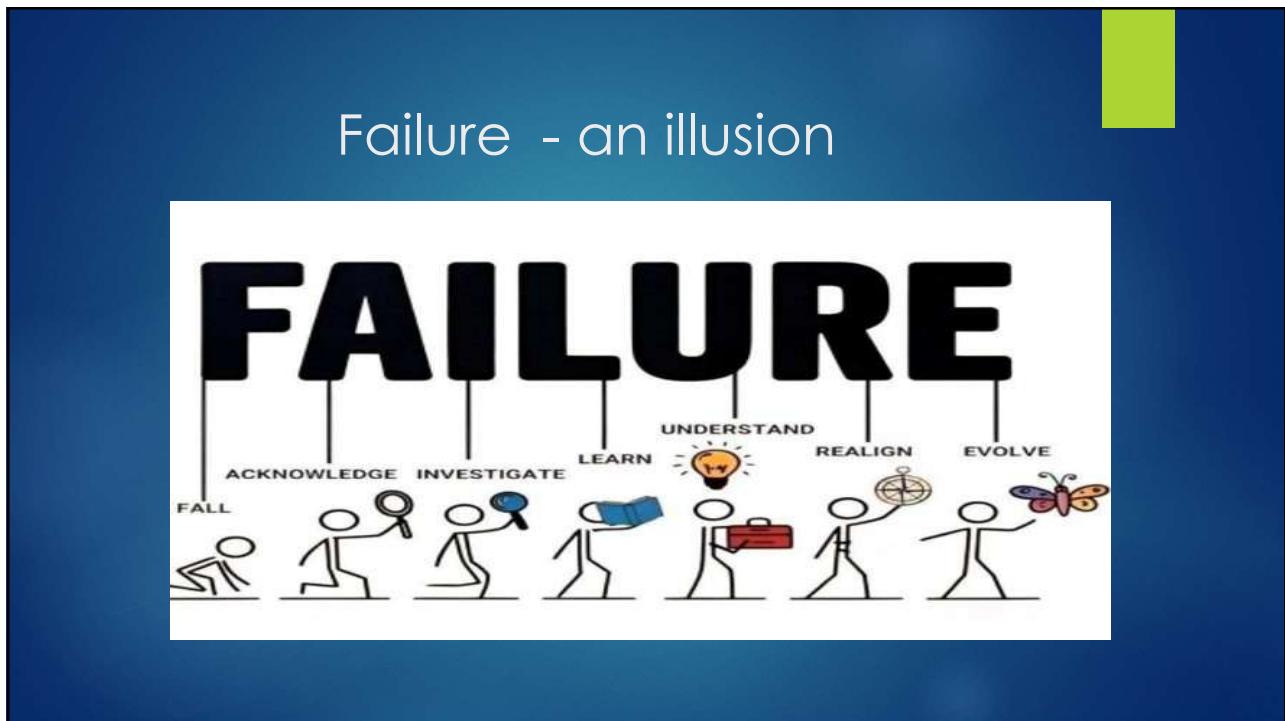
1



2



3



4

## The 3 Pillars of High Performance



5

## Transformational Environment

- ▶ Psychologically safe – push boundaries/innovate
- ▶ Communication – Curiosity – emotional intelligence
- ▶ ***Inspired*** to work in the best interest of the whole and not ***self gain*** - empower those around you
- ▶ Ownership – accountable to yourself and each other - mastery
- ▶ No ranking targets or KPI's.....only winning behaviours – a *risk!*

6

“A team is not a group of people who work together, but a group of people who *trust* each other” Simon Sinek

7

## Characteristics of High Performance

- Practise winning – behaviours/actions
- Acceptable/unacceptable/excellence
- No such word as Try! Rate 1-10



- Resilience
- Success leaves clues- what are we good at?

8

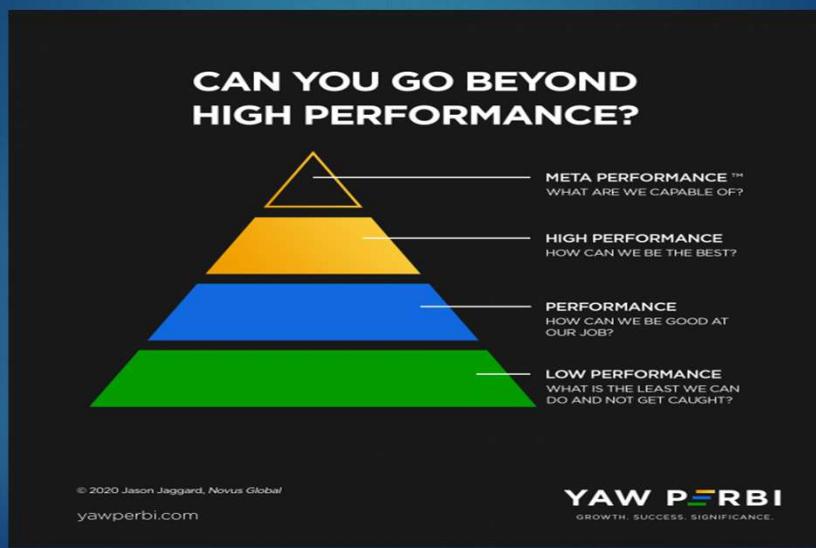
# Commonwealth Games 2022

- ▶ 7 out of 9 players medalled
- ▶ Won 6 out of 15 available medals
  - 40% of medals won
- ▶ Squash was 2<sup>nd</sup> highest performing Sport for Team England medals won/medals available



9

You control the level of your performance



10



Thank You!